

Doughnuts or "Sinkers"—Which?

When you drop the patty of dough into the deep fat, it depends upon the nature of the fat whether it will be a doughnut or a "sinker."

The fat coats the starch granules. If it be hot-fat which melts 25 degrees higher than the temperature of your stomach, the coated granules are carried into the intestines. Neither the fat nor the food is digested. Both ferment. You are distressed.

SAWTAY
100% Pure Butter-of-Nuts

For Baking, Shortening, Frying & Candy-Making

melts 25 degrees below the temperature of your stomach. It is digested and assimilated more readily than even the finest creamery butter. Food prepared with SAWTAY is not robbed of its food-value. Since it is 100% pure butter-of-nuts, SAWTAY is of itself a food.

To insure light, golden doughnuts instead of "sinkers," try this recipe:

1 tablespoon SAWTAY, 1 cup sugar, 1 egg, 1 cup milk, 4 teaspoons baking powder, 1/2 teaspoon cinnamon, 1/4 teaspoon ground nutmeg, 1/2 teaspoon salt, 1/2 cup flour.
Cream the SAWTAY, add one-half the sugar. Beat egg, add remaining sugar and combine the mixture. Sift flour, baking powder, salt and spices together, add gradually to the first mixture, using knife. Add enough more flour to make a dough soft enough to roll. Roll out in portions on floured board, shape with cutter and fry in deep hot SAWTAY. Drain on paper.

Send for "Sawtay Kandy Kids," a Picture Book of Recipes for Children's Parties.

SAWTAY is Economical—Use one-fifth less and over and over.

SAUTÉ PRODUCTS CORP.
Woolworth Tower

HOME GYMNASIUM
FOR WOMENTo Preserve Health, Strength
and Figure

BY PAULINE FURLONG

NO. 42—CARE OF THE HAIR
AND SCALP.

The scalp suffers principally from three diseases, dandruff, eczema, or bald spots, and trichophytosis, or splitting ends. Dandruff may be of oily or dry variety and, if neglected, will form a scurf or crust on the scalp that will completely close up the pores, stop the circulation and cause baldness. Dandruff is a foreign substance and is absolutely unclean and should be removed. Proper shampooing, scalp massage, clean combs and brushes are essential in the treatment and removal of dandruff.

Allopecia, or nervous baldness, appears on the scalp in small round bald spots and is the most annoying of all scalp diseases on account of its conspicuous appearance, but is considered by specialists one of the mildest scalp troubles. This disease seldom attacks any but the very young and is the result of some internal disorder, principally nervousness. To cure it completely rest and nourishing foods are essential. If you start the external treatment early



CARE OF SCALP AND HAIR

PERSONALS

Mrs. Walter F. Grant of Woonsocket, R. I., says she has used Father John's Medicine in her family of six children whenever they had colds or coughs "and results have been wonderfully satisfactory."

Miss Ellen O'Leary, Matron of the Children's Home, in Lowell, Mass., says that she keeps forty children well and strong by giving them Father John's Medicine when they have a cough or get run down, or have a cold.

Frank Bennett, of 239 State Street, North Adams, Mass., says he gained 15 pounds while taking Father John's Medicine as a body builder.—Adv.

Building Up Time

You've lost weight the past summer. Just step on the scales and see for yourself. If you're quick to feel the cold of fall, the forerunner of winter, it's a sign your system needs building up. Cold weather and its many attendant ills have no terrors for those whose systems are strong and vigorous enough to resist disease. The remarkable invigorating effects of

Duffy's Pure
Malt Whiskey

make its waste-repairing and strength-producing properties especially valuable at this time of year, and there's no medicine more naturally adapted for this purpose. It tones and strengthens the stomach for the proper digestion of foods. By insuring the greatest freedom from disease, the highest degree of health, and the longest life, people of all ages

"Get Duffy's and Keep Well!"
Surely you can afford an investment in health by purchasing this Medicine for All Mankind today.

At most druggists, grocers and dealers. If they can't supply you write us. Medical booklet free.

The Duffy Malt Whiskey Co., Rochester, N. Y.

DOES YOUR STOMACH
TROUBLE YOU?

MAYR'S
Wonderful
Stomach Remedy
will change
that
Long Face!

And One Dose Has Often Dispelled Years of Suffering.

Mayr's Wonderful Remedy can really be termed WONDERFUL. No matter where you live—you will find people who have suffered with Stomach, Liver and Intestinal Ailments, etc., and have been restored to health and are loud in their praise of this remedy. It acts on the source and foundation of these ailments, removing the poisonous catarrh and the bile accretions, taking out the inflammation from the intestinal tract and assists in rendering the same antiseptic. Sufferers are urged to try one dose—which alone should relieve your suffering and convince you that Mayr's Wonderful Remedy should restore you to good health. Put it to a test today. Send for booklet on Stomach Ailments to Geo. H. Mayr, Mfg. Chemist, 158 Whitting St., Chicago, or better still, obtain a bottle from your druggist. For sale by Riker & Hegeman Co., and all other reliable druggists.—Adv.

PERSONALS

Mrs. Walter F. Grant of Woonsocket, R. I., says she has used Father John's Medicine in her family of six children whenever they had colds or coughs "and results have been wonderfully satisfactory."

Miss Ellen O'Leary, Matron of the Children's Home, in Lowell, Mass., says that she keeps forty children well and strong by giving them Father John's Medicine when they have a cough or get run down, or have a cold.

Frank Bennett, of 239 State Street, North Adams, Mass., says he gained 15 pounds while taking Father John's Medicine as a body builder.—Adv.

Building Up Time

You've lost weight the past summer. Just step on the scales and see for yourself. If you're quick to feel the cold of fall, the forerunner of winter, it's a sign your system needs building up. Cold weather and its many attendant ills have no terrors for those whose systems are strong and vigorous enough to resist disease. The remarkable invigorating effects of

Duffy's Pure
Malt Whiskey

make its waste-repairing and strength-producing properties especially valuable at this time of year, and there's no medicine more naturally adapted for this purpose. It tones and strengthens the stomach for the proper digestion of foods. By insuring the greatest freedom from disease, the highest degree of health, and the longest life, people of all ages

"Get Duffy's and Keep Well!"
Surely you can afford an investment in health by purchasing this Medicine for All Mankind today.

At most druggists, grocers and dealers. If they can't supply you write us. Medical booklet free.

The Duffy Malt Whiskey Co., Rochester, N. Y.

DOES YOUR STOMACH
TROUBLE YOU?

MAYR'S
Wonderful
Stomach Remedy
will change
that
Long Face!

And One Dose Has Often Dispelled Years of Suffering.

Mayr's Wonderful Remedy can really be termed WONDERFUL. No matter where you live—you will find people who have suffered with Stomach, Liver and Intestinal Ailments, etc., and have been restored to health and are loud in their praise of this remedy. It acts on the source and foundation of these ailments, removing the poisonous catarrh and the bile accretions, taking out the inflammation from the intestinal tract and assists in rendering the same antiseptic. Sufferers are urged to try one dose—which alone should relieve your suffering and convince you that Mayr's Wonderful Remedy should restore you to good health. Put it to a test today. Send for booklet on Stomach Ailments to Geo. H. Mayr, Mfg. Chemist, 158 Whitting St., Chicago, or better still, obtain a bottle from your druggist. For sale by Riker & Hegeman Co., and all other reliable druggists.—Adv.

Readers of Miss Furlong's articles are invited to write to her, in care of The Evening World, requesting information that will aid them in following her illustrated lessons.

gentle, steady operation. I am subject to daily headaches and have been told that the cause is rheumatism and indigestion. But no treatment has helped me. As I am not in good health to pay for a doctor, I thought I would write and ask you to send me a book on the subject. I am about 35 years of age, 5 feet 7 inches tall. Is it good to brush hair?

You should brush about 150. Chest, 36; bust, 32; waist, 27; hips, 38; thighs, 24; calf, 14; ankle, 8; upper arm, 11; forearm, 12. All hair should be brushed, unless the scalp is sore. The color makes no difference.

INTEGRITY writes: "I am continually following your advice given in the paper, and am greatly benefited by same. My shoulders and bust have greatly developed through the exercises you proposed. Will you kindly let me know what my correct measurements should be? I am about 5 feet 7 inches tall. Is it good to brush hair?"

Gen. G. M. Dodge Critically Ill. COUNCIL BLUFFS, Ia., Oct. 28.—Gen. G. M. Dodge, only living Corps Commander of the Civil War, and a railroad builder, is critically ill at his home here. Gen. Dodge returned three weeks ago from New York, where he went to consult a specialist. He is eighty-four years old.

ZELINKA JURY DISAGREES.

Stand 7 to 5 for Acquittal in Passenger Case in Federal Court.

The jury, composed entirely of native-born Americans empaneled in the case of Harry Max Zelinka, the importer of the 400 Fourth Avenue, tried for participation in an alleged passport fraud between Judge Foster in the Criminal Branch of the Federal District Court, to-day announced that they were unable to reach a verdict and were discharged. The jury stood seven to five for acquittal, and Zelinka's bond was reduced from \$2,000 to \$1,000.

ESPECIALLY FOR
WOMEN"Fruit-a-tives" Now Known
as Woman's Best Medicine

"FRUIT-A-TIVES," the famous fruit medicine, is particularly well suited for the use of women, because of its mild and gentle action and its pleasant taste.

In severe cases of Constipation, Indigestion, Bloating, Sick Headaches, Pain In The Back, Neuralgia, or a General Run-Down Constitution, "Fruit-a-tives" is the only medicine needed to correct such troubles and restore the sufferer to complete health.

As a tonic, "Fruit-a-tives" is invaluable to purify and enrich the blood and build up strength and vigor.

50c. a box, 6 for \$2.50, trial size, 25c. At dealers, or sent postpaid by Fruit-a-tives, Limited, Ogdensburg, N. Y.—Adv.

Stern Brothers

42nd and 43rd Streets, West of Fifth Avenue

SPECIAL FOR FRIDAY AND SATURDAY

Men's Sack Suits

at \$15.00

Value \$20.00

Fashionable materials in the latest models and desirable colorings; also blues and blacks. All sizes from 34 to 42 chest measure are represented, but not in every model.

A CLEARANCE OF

Fall Overcoats at \$15.00

In Oxfords and Fancy Mixtures; skeleton or quarter silk lined; values \$20.00 and \$25.00.

High Class Overcoats, - - - at \$22.50

Full silk and quarter silk lined; values up to \$30.00

Unusually large assortments of new model

Winter Overcoats for Men and Young Men

at \$15.00 to 40.00

Men's Smart Footwear

(6th Avenue and 43d Street Entrance)

For Street or Dress Wear, in all the fashionable leathers, priced at \$4.00 to \$9.00 a pair. Comfortable House Slippers made of Soft Felt and Leather with pliable soles; priced at \$1.35 to \$3.00 a pair.

SPECIAL FOR FRIDAY AND SATURDAY

Men's Laced Shoes

In tan and black calfskin; popular lasts,

at \$3.75 pair

J. BAUMANN & BRO

AT 34 ST. & 3AVE.

\$1.00 A WEEK

Open Saturdays Until 10 P.M. We Close Evenings at 6 o'clock. Write for Our New Booklet. MAILED FREE.

Our Liberal CREDIT Terms apply also to Long Island, New Jersey and Connecticut. We Pay Freight & Railroad Fare

3 ROOMS Completely Furnished, \$75
4 ROOMS Completely Furnished, \$125
5 ROOMS Completely Furnished, \$150
Golden Oak \$12.95
China Closet
Golden Oak Buffet \$13.95
3 Ave. Cor. 84th St.

DANIEL REEVES, Inc.

This name is a sign on 66 separate grocery stores—61 of which are on Manhattan Island and 5 in New Jersey.

The name is also a sign on a big warehouse at 451 to 455 West 125th Street, near Amsterdam Avenue, which is the supply depot for the 66 stores.

What meaning has the name to you?

1. It means quality and purity in everything that is sold to you.
2. It means very fair prices on every standard food article that can be bought in any honest grocery store or that any honest manufacturer makes.
3. It means one price to all and that price paid cash to everybody.
4. It means equal service to all by polite salesmen who take pride in their work and in keeping themselves scrupulously clean.
5. It means a clean store where articles are kept clean all of the time and delivered to customers in a clean manner.

No individual grocery store—no chain of grocery stores—can possibly give a greater variety of pure food articles to the public than the DANIEL REEVES, INC., STORES.

No individual grocery store—no chain of grocery stores—can buy better or sell better than the DANIEL REEVES, INC., STORES.

DANIEL REEVES, INC., keeps pace with what the food manufacturers are doing and with the public's desires in the matter of pure foods.

DANIEL REEVES, INC., is going ahead as fast as possible trying to keep up with the growth of this community.

Fifteen years ago there was only one store at 141st St. and 8th Av. During eleven years the number grew to 35 stores. During the last four years 31 more stores started. Other stores are now in process of being leased.

As evidence of the fairness of our prices, we mention—

KIRKMAN'S, GOLD 7 Cakes 25¢

BABBITT'S SOAP

You know the high standard of these makes of soap.

HECKER'S or GOLD MEDAL 80¢ Bag

FLOUR, 24 1-2 Lb. Bag

We sell no flour privately labeled. It must be a well known and good brand before we sell it.

COFFEE 19¢ Lb.

A special Blend which we can highly recommend

BLUE LABEL CATSUP.....11c

CREAM OF WHEAT.....12c

CURTICE JAM (all flavors).....14c

SHREDDED WHEAT BISCUITS.....10c

FORCE.....10c

Beardsley's Shredded Codfish 8c	Electro Silicon.....8c
Cox's or Cooper's Gelatine.....8c	Muller's Macaroni.....8c
Domino Pure Cane Syrup.....8c	Muller's Spaghetti.....8c
Dromedary Coconut.....8c	Olives, Plain or Stuffed.....8c
Franco-American Ready-maid Soups.....8c	Parson's Ammonia.....8c
Javille Water or Washing Fluid.....8c	Quaker Puffed Wheat.....8c
Log Cabin Syrup.....8c	Whole Head Rice.....8c
Old Dutch Cleaner.....8c	20-Mule Team Borax.....8c
Petermann's Roach Food.....8c	Two-in-One Shoe Polish.....8c
Quaker Yellow Meal.....8c	Pure White or Cider Vinegar (large bottles).....8c
Sunshine 10c Crackers.....8c	Bird Gravel.....4c
Bon Ami.....8c	Elastic Starch.....4c
Babbitt's or Red Seal Lye.....8c	Lee's No Rub.....4c
Durysa's Corn Starch.....8c	Reckitt's Blue.....4c
Baker's or Huyler's Cocoa (small cans).....8c	Large Bag Salt.....4c
Davis Baking Powder, 15-lb. can.....8c	Enamel Stove Polish.....4c
Kellogg's Toasted Corn Flakes.....8c	Goodman's Noodles.....4c
	Soap Powders (all kinds).....4c
	Sopline (large package).....4c
	Vulcanol Stove Polish.....4c

Our stores open at 7 A. M. and close at 7 P. M.

DANIEL REEVES, Inc.

Warehouse: 451 to 455 West 125th St., New York

Telephone, 1016 and 1017 Morningside

NOTE—We will be glad to have customers write or telephone to us about our service. We want every customer to be satisfied in all respects.

"The Woman Who Dared"
By Dale Drummond.

Now Appearing in
The Evening World

A Married Life Serial With a Moral
for Husbands and Wives.